Minor Eye Surgery

Day Surgery
Surgery & Critical Care

This leaflet has been designed to give you important information about your condition / procedure, and to answer some common queries that you may have.
Introduction
You have been referred to the Day Surgery Unit / Ward for minor eye surgery.

Entropion Correction
Inversion or turning inward of the margin of an eyelid which is surgically everted.

Ectropion Correction
Eversion or turning outward of the margin of an eyelid which is surgically inverted.

Removal / Biopsy of Cyst / Swelling
Surgical removal or taking a sample of a small amount of tissue.

These procedures are usually performed under a local anaesthetic, by ‘freezing’ the area with a series of small injections.

Other procedures include
Ptosis Correction
Drooping of the upper eyelid. Surgical procedure to help lift the eyelid to normal position.
Suture adjustment may be necessary the day following surgery.

Excision Basal Cell Carcinoma
Removal or biopsy of tissue.
Reconstruction of the wound site may be necessary the day following surgery.

Why Is This Surgery Necessary?
To improve appearance and / or relieve physical discomfort. If biopsy, to assist diagnosis.

Are There Any Alternatives To Surgery?
There are no recognised alternatives to this surgery.

Risks of Surgery
Discomfort following surgery is common, please ensure that you either have your own supply of pain relief at home or you request a supply from the Unit to take home.

Bleeding may occur from the wound site. If so, apply gentle pressure and if the bleeding persists, seek advice either from your GP or out of hours’ service at the hospital (telephone number provided).

There is a slight chance of your wound becoming infected, if you think this has occurred, seek advice from your GP or practice nurse.

Before You Arrive
Prior to your admission you will be advised by your admission letter if you need to stop taking diet and fluids.

Please have a bath or shower before coming to the Unit / Ward.

We request that you do not wear make-up, nail polish or jewellery (except for wedding ring).

Please bring any medication with you that you normally take (even if infrequent), a dressing gown, slippers and a book or a magazine to read.

Please leave valuables at home.

Please Arrange
An adult to escort you home and be with you for a few hours following discharge.
Appropriate analgesia to take at home if required.
What Will Happen When I Come Into Hospital?

On admission you will be greeted by the reception staff, your personal details verified. Your named nurse will take your blood pressure and discuss with you any changes which may have occurred since your pre-operative assessment.

The surgeon will come and see you, mark the surgery site and also take your written consent for your operation.

You will be shown to a single sex seated lounge and it is from here you will walk to the theatre accompanied by your named nurse.

After Your Surgery

From theatre you will be taken to the recovery lounge where you will be offered light refreshments.

Your eye will feel numb initially but normal sensation will return after a short while.

You may have a dressing covering the eye or wound, protecting the stitches.

You may feel some discomfort, if so your nurse will offer you prescribed analgesia on request.

Before you go home your nurse will discuss the management of your wound with you and provide you with all of your discharge requirements, and answer any queries you may have.

A follow-up appointment may be given if requested by your clinician.

At Home

If you have a dressing over the wound this can be removed after 24 hours by yourself.

If you have stitches you will be advised if removal is necessary (in some cases stitches are dissolvable).

It is advisable to keep the wound dry for at least 24 hours.

Please refrain from work and only undertake light duties.

Following discharge, a letter regarding your surgery will be sent to your GP within 48 hours.

N.B. There is no guarantee that the surgery performed will be 100% effective.

Contact details for Further Information

If you have any problems after your surgery please contact one of the following:

Day Surgery Unit
Tel: 01472 875300 (08:00-20:00 Mon-Fri)

Day Surgery Unit Pre-operative Assessment
Tel: 01472 875557

Day Surgery Unit Reception / Appointments
Tel: 01472 302443

Ward 27 (Scunthorpe General Hospital)
Tel: 01724 290195

Ophthalmic Unit (Goole and District Hospital)
Tel: 01724 290074

Your own GP or (out of hours) NHS 111

Concerns and Queries

If you have any concerns / queries about any of the services offered by the Trust, in the first instance, please speak to the person providing your care.
Information for patients and visitors

For Diana, Princess of Wales Hospital
Alternatively you can contact the Patient Advice and Liaison Service (PALS) on (01472) 875403 or at the PALS office which is situated near the main entrance.

For Scunthorpe General Hospital
Alternatively you can contact the Patient Advice and Liaison Service (PALS) on (01724) 290132 or at the PALS office which is situated on C Floor.
Alternatively you can email:
nlg-tr.PALS@nhs.net

Northern Lincolnshire and Goole NHS Foundation Trust
Diana Princess of Wales Hospital
Scartho Road
Grimsby
01472 874111

Scunthorpe General Hospital
Cliff Gardens
Scunthorpe
01724 282282

Goole & District Hospital
Woodland Avenue
Goole
01405 720720
www.nlg.nhs.uk

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