



Information for Adults with Physical Disabilities and Long Term Neurological Conditions

**Rehabilitation Medicine Service
Community & Therapy Services
Directorate of Operations**

This leaflet has been designed to give you important information about your condition / procedure, and to answer some common queries that you may have.

Introduction

Welcome to the Northern Lincolnshire and Goole Hospitals NHS Foundation Trust Rehabilitation Medicine Service. This booklet contains information which we hope you will find useful.

What is the Rehabilitation Medicine Service?

The Rehabilitation Medicine Service is a dedicated team of professionals who specialise in the rehabilitation of adults with a wide range of physical disabilities and neurological conditions.

Who Provides this Service?

The Rehabilitation Medicine Service is a Consultant led service and includes:

- Medical Specialist in Rehabilitation Medicine
- Physiotherapists
- Occupational Therapists
- Speech & Language Therapists
- Dietician
- Technical Instructors (Rehabilitation Assistants)
- Liaison Officer
- Secretarial and Administration staff

Who is the Service for?

The Rehabilitation Medicine Service is for Adults with physical disabilities living in North and North East Lincolnshire and can include:

- Acquired Brain Injury, Head Injury and Spinal Injury
- Neurological Conditions such as Multiple Sclerosis, Motor Neurone Disease, and Parkinson's Disease
- Transition to adult care for adolescent with physical disability
- Stroke
- Cerebral Palsy, Spina Bifida, Muscular Dystrophy
- Spasticity treatment
- Vocational rehabilitation for adults with physical disability

We also provide co-ordinated care and therapy packages for adults with complex disabilities.

Where is the treatment and care provided?

In any setting which is relevant to the client's needs. This includes:

- Clinic
- Home Environment
- Hospital
- Day Centre
- Residential home
- Education Centre
- Gymnasium or Leisure Centre

If you require inpatient rehabilitation, this can be provided by the Goole Neuro-Rehabilitation Centre (GNRC) which is staffed by our medical team.

What other organisations and agencies do we liaise with?

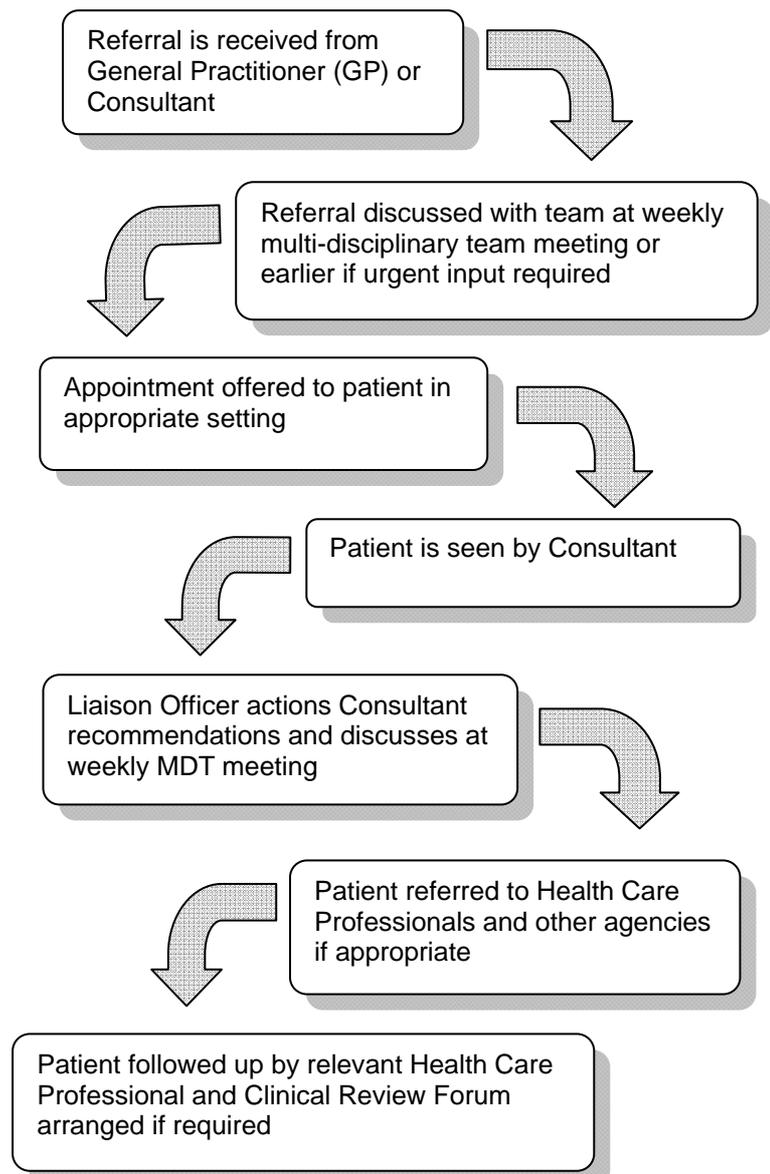
- Care providers
- Continence Advisors
- Electronic Assistive Technology
- Hospices
- Neuropsychology
- Neurologist / Neurosurgical Services
- Neurological Condition Specialist Nurses
- Orthotics
- Podiatry
- Specialist Equipment
- Social Services
- Tissue Viability Services
- Wheelchair Services

What Specialist Rehabilitation can we offer?

- Specialist assessment of needs.
- Multi-disciplinary input co-ordinated via the Clinical Review Forum.
- Individualised Rehabilitation Programmes.
- Information and engagement with specialist groups.
- Referral to Social Services or Continuing Care Health Team.
- Environmental Controls
- Specialist Equipment.
- Specialist medical follow-up i.e. Botulinum Toxin injection for spasticity management.

- Advice, support and training for professionals.
- Complex mobility needs and specialist seating

Referrals Received by the Rehabilitation Medicine Service



Contact details to obtain additional information

If you would like more information about the Rehabilitation Medicine Service please contact the team on 01724 290062

Concerns and Queries

If you have any concerns / queries about any of the services offered by the Trust, in the first instance, please speak to the person providing your care.

For Diana, Princess of Wales Hospital

Alternatively you can contact the Patient Advice and Liaison Service (PALS) on (01472) 875403 or at the PALS office which is situated near the main entrance.

For Scunthorpe General Hospital

Alternatively you can contact the Patient Advice and Liaison Service (PALS) on (01724) 290132 or at the PALS office which is situated on C Floor.

Alternatively you can email:
nlg-tr.PALS@nhs.net

Confidentiality

Information on NHS patients is collected in a variety of ways and for a variety of reasons (e.g. providing care and treatment, managing and planning the NHS, training and educating staff, research etc.).

Everyone working for the NHS has a legal duty to keep information about you confidential. Information will only ever be shared with people who have a genuine need for it (e.g. your GP or other professionals from whom you have been

receiving care) or if the law requires it, for example, to notify a birth.

Please be assured however that anyone who receives information from us is also under a legal duty to keep it confidential.

Zero Tolerance - Violent, Threatening and Abusive Behaviour

The Trust and its staff are committed to providing high quality care to patients within the department. However, we wish to advise all patients / visitors that the following inappropriate behaviour will not be tolerated:

- Swearing
- Threatening / abusive behaviour
- Verbal / physical abuse

The Trust reserves the right to withdraw from treating patients whom are threatening / abusive / violent and ensuring the removal of those persons from the premises.

All acts of criminal violence and aggression will be notified to the Police immediately.

Risk Management Strategy

The Trust welcomes comments and suggestions from patients and visitors that could help to reduce risk.

Perhaps you have experienced something whilst in hospital, whilst attending as an outpatient or as a visitor and you felt at risk.

Please tell a member of staff on the ward or in the department you are attending / visiting.

Moving & Handling

The Trust operates a Minimal Lifting Policy, which in essence means patients are only

ever lifted by nursing staff in an emergency situation.

Patients are always encouraged to help themselves as much as possible when mobilising, and if unable to do so, equipment may be used to assist in their safe transfer.

If you have any questions regarding moving and handling of patients within the Trust, you may speak to any member of the nursing staff, the designated keyworker within the department or the Trust Moving & Handling Coordinator.

**Northern Lincolnshire and Goole
Hospitals NHS Foundation Trust**

**Diana Princess of Wales Hospital
Scartho Road
Grimsby
01472 874111**

**Scunthorpe General Hospital
Cliff Gardens
Scunthorpe
01724 282282**

**Goole & District Hospital
Woodland Avenue
Goole
01405 720720**

www.nlg.nhs.uk

Date of issue: August 2013

Review Period: July 2016

Author: Liaison Officer

IFP-546 v1.1

© NLGHT 2013