

# Rehabilitation Medicine Service for Adults with Physical Disabilities

## Information for Professionals

Rehabilitation Medicine Service  
Community & Therapy Services Group

This leaflet has been designed to  
give you important information  
about your condition / procedure,  
and to answer some common  
queries that you may have.



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## The Rehabilitation Medicine Service

The Rehabilitation Medicine Service provides a co-ordinated, multi-disciplinary approach to rehabilitation which enables physically disabled people to live in their preferred environment with the best possible quality of life. The service is consultant led.

## Who is the Service For?

Adults with physical disabilities who are resident in North or North East Lincolnshire and require a multi-disciplinary approach to their rehabilitation including:

- Congenital conditions such as cerebral palsy, spina bifida, muscular dystrophy
- Acquired brain injury, spinal injury
- Neurological condition such as Multiple Sclerosis, Motor Neurone Disease, Parkinson's disease
- Musculoskeletal conditions such as Rheumatoid Arthritis

## Objectives of the Service

- To provide a specialist consultant-led rehabilitation service for people with physical disabilities
- To promote long term management through on-going assessment, planned intervention and life planning
- To provide a service which works in partnership with other agencies to ensure a co-ordinated approach
- To provide a single source of information for patient and family
- To operate an identified pathway of care and review process
- To give the lead to the patient and carer in managing their care plan

## Where Treatment and Care are Provided

In any setting which is relevant to the client's needs i.e. at home, hospital, day centres, residential home, in places of work or education.

## Who Can Refer?

GPs and consultants.

## How to Refer

Either complete a referral form or refer in writing to the Rehabilitation Medicine Service giving the following information:

- Name of referrer
- GP and other professionals involved
- Patient's personal details including name, address, date of birth, NHS number, telephone number, diagnosis, current medication, present problems

## What Happens Next?

The referral is screened for appropriateness by the team. A visit is arranged for a doctor to assess what interventions are necessary. Referrals to the rest of the team and other agencies are made and the Pathway of Care is followed.

## Who Provides this Service?

The Rehabilitation Medicine Service is a Consultant led service and includes:

- Consultants in Rehabilitation Medicine
- Associate Specialist in Rehabilitation Medicine
- Liaison Officer
- Occupational Therapists



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- Physiotherapists
- Speech & Language Therapists
- Dietitian
- Technical Instructors
- Secretarial & Administration staff

The team also has access to:

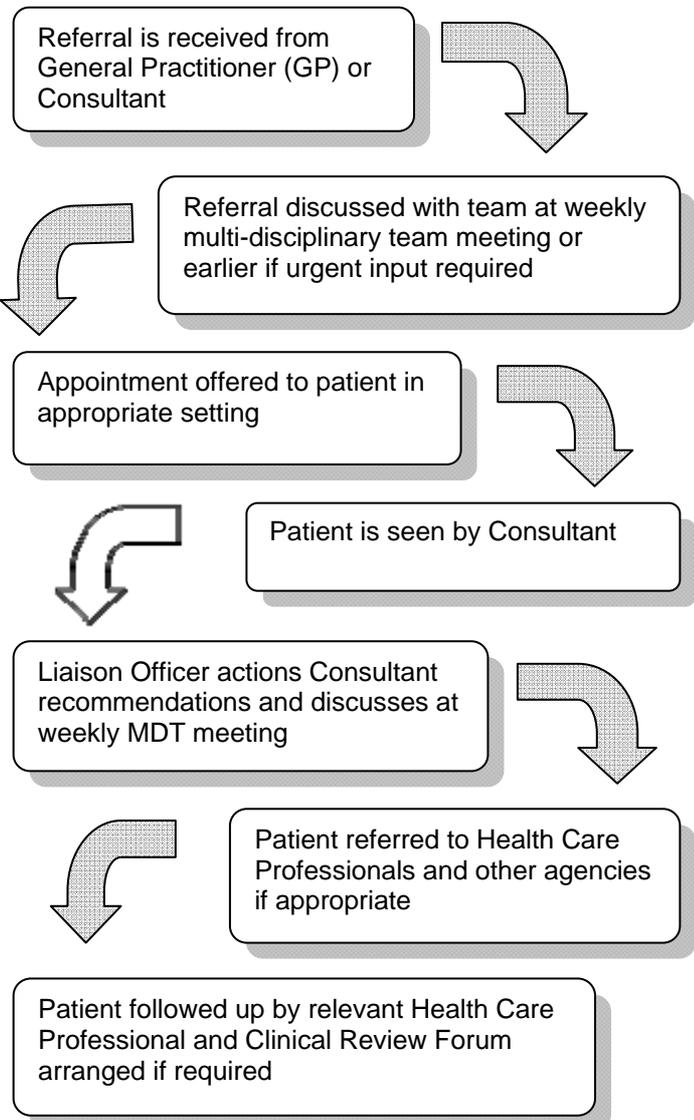
- Neurosciences
- Neurological Conditions specialist nurses
- Neuropsychology
- Wheelchair Services
- Tissue Viability Services
- Electronic Assistive Technology
- Specialist Equipment
- Continence Advisor

## Specialist Rehabilitation Provision

- Specialist assessment of needs
- Multidisciplinary input co-ordinated via clinical reviews
- Individual rehabilitation programmes
- Specialist groups e.g. MS groups, Parkinson's group
- Environmental controls
- Specialist equipment
- Research
- Specialist medical follow-up e.g. Botulinum Toxin intervention for spasticity management
- Advice, support and training for professionals
- Periods of inpatient rehabilitation can be provided by the Goole Neuro-

Rehabilitation Centre (GNRC) which is staffed by our medical team

## The Pathway of Care



## Contact details to obtain additional information

If you would like more information about the Rehabilitation medicine Service or would like to make a referral, please contact the team on 01724 290062 or Fax No. 01724 387851.



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## Concerns and Queries

If you have any concerns / queries about any of the services offered by the Trust, in the first instance, please speak to the person providing your care.

### For Diana, Princess of Wales Hospital

Alternatively you can contact the Patient Advice and Liaison Service (PALS) on (01472) 875403 or at the PALS office which is situated near the main entrance.

### For Scunthorpe General Hospital

Alternatively you can contact the Patient Advice and Liaison Service (PALS) on (01724) 290132 or at the PALS office which is situated on C Floor.

Alternatively you can email:  
[nlg-tr.PALS@nhs.net](mailto:nlg-tr.PALS@nhs.net)

## Confidentiality

Information on NHS patients is collected in a variety of ways and for a variety of reasons (e.g. providing care and treatment, managing and planning the NHS, training and educating staff, research etc.).

Everyone working for the NHS has a legal duty to keep information about you confidential. Information will only ever be shared with people who have a genuine need for it (e.g. your GP or other professionals from whom you have been receiving care) or if the law requires it, for example, to notify a birth.

Please be assured however that anyone who receives information from us is also under a legal duty to keep it confidential.

## Zero Tolerance - Violent, Threatening and Abusive Behaviour

The Trust and its staff are committed to providing high quality care to patients within the department. However, we wish to advise all patients / visitors that the following inappropriate behaviour will not be tolerated:

- Swearing
- Threatening / abusive behaviour
- Verbal / physical abuse

The Trust reserves the right to withdraw from treating patients whom are threatening / abusive / violent and ensuring the removal of those persons from the premises.

All acts of criminal violence and aggression will be notified to the Police immediately.

## Risk Management Strategy

The Trust welcomes comments and suggestions from patients and visitors that could help to reduce risk.

Perhaps you have experienced something whilst in hospital, whilst attending as an outpatient or as a visitor and you felt at risk.

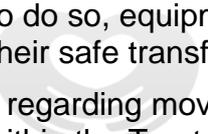
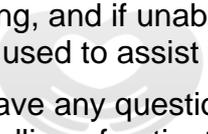
Please tell a member of staff on the ward or in the department you are attending / visiting.

## Moving & Handling

The Trust operates a Minimal Lifting Policy, which in essence means patients are only ever lifted by nursing staff in an emergency situation.

Patients are always encouraged to help themselves as much as possible when mobilising, and if unable to do so, equipment may be used to assist in their safe transfer.

If you have any questions regarding moving and handling of patients within the Trust, you



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may speak to any member of the nursing staff, the designated keyworker within the department or the Trust Moving & Handling Coordinator.

**Northern Lincolnshire and Goole Hospitals NHS Foundation Trust**

**Diana Princess of Wales Hospital  
Scartho Road  
Grimsby  
01472 874111**

**Scunthorpe General Hospital  
Cliff Gardens  
Scunthorpe  
01724 282282**

**Goole & District Hospital  
Woodland Avenue  
Goole  
01405 720720**

[www.nlg.nhs.uk](http://www.nlg.nhs.uk)

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