

# Information about your Ultrasound Scan

## Ultrasound Department Clinical Support Services

**This leaflet has been designed to give you important information about your condition / procedure, and to answer some common queries you may have.**



# Information for patients and visitors

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## What is ultrasound?

Medical ultrasound imaging uses sound waves which we cannot hear to produce a television image of the structures within the body. In order to obtain these images a thin layer of gel is applied to the skin. The Ultrasonographer places a probe on your skin over the part of your body to be examined. On completion of the examination the skin is wiped clean.

Ultrasound used for diagnostic purposes is not harmful. You will feel no ill effects from this examination, and you will be able to return home or to work afterwards.

We shall be examining the superficial structures in the body. There is no specific preparation for this scan.

## Your questions answered:

### How long does it take?

Once you are in the room the examination will take at least 10-15 minutes, sometimes longer depending on the area to be examined.

### What happens if I am on medication?

Please continue to use any medication prescribed for you.

### When do I get the results?

The results of your ultrasound scan will be sent to the doctor who referred you. If this was your GP it will usually be within a week.

### How can you help us?

If you are unable to attend for whatever reason, please inform the department so that your appointment can be offered to another patient.

If you are admitted into hospital please inform the ward staff of this appointment.

## Additional information:

If you have any concerns regarding the procedure, or queries regarding appointments, please contact the Ultrasound Department at the relevant hospital:

Scunthorpe: 03033 302933

Grimsby: 03033 304648

# Information for patients and visitors

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## Patient Advice and Liaison Service (PALS)

The Patient Advice and Liaison Service offers confidential advice, support and information on any health related matters.

If you have a comment, concern, complaint or compliment about the care or service you have received from the Trust you can contact the PALS team as follows:

Telephone: 03033 306518

Email: [nlg-tr.PALS@nhs.net](mailto:nlg-tr.PALS@nhs.net)

There are also offices at both the Diana Princess of Wales Hospital (near the main entrance) and Scunthorpe General Hospital (on the C Floor, near the outpatient department), should you wish to visit.

**Please note: PALS should not be contacted for clinical advice relating to the content of this leaflet. The service should be contacted directly in the first instance.**

## Confidentiality and How We Use Data

Personal information on NHS patients is collected and recorded within paper and electronic formats primarily to support high quality care that is safe and effective. To do this, information is also used to support quality improvement activities, investigate any concerns you may raise as well as to support and understand NHS performance. All NHS staff have a legal duty to keep information about you confidential.

Information will only ever be shared with people who have a genuine need for it. Other circumstances where information may be shared include administrative teams to plan future care needed, commissioners of Trust services, other NHS or social care providers and in some cases voluntary sector providers.

## Zero Tolerance - Violent, Threatening and Abusive Behaviour

The Trust and its staff are committed to providing high quality care to patients within the department. However, we wish to advise all patients / visitors that the following inappropriate behaviour will not be tolerated:

- Swearing
- Threatening / abusive behaviour
- Verbal / physical abuse

The Trust reserves the right to withdraw from treating patients who are threatening / abusive / violent and ensuring the removal of those persons from the premises.

All acts of criminal violence and aggression will be notified to the Police immediately.



# Information for patients and visitors

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## Risk Management Strategy

The Trust welcomes comments and suggestions from patients and visitors that could help to reduce risk.

Perhaps you have experienced something whilst in hospital, whilst attending as an outpatient or as a visitor and you felt at risk.

Please tell a member of staff on the ward or in the department you are attending / visiting.

## Moving & Handling

The Trust operates a Minimal Lifting Policy, which in essence means patients are only ever lifted by nursing staff in an emergency situation.

Patients are always encouraged to help themselves as much as possible when mobilising, and if unable to do so, equipment may be used to assist in their safe transfer.

If you have any questions regarding moving and handling of patients within the Trust, please speak to a member of staff in the ward or department you are visiting.

## Northern Lincolnshire and Goole NHS Foundation Trust

**Diana Princess of Wales Hospital**  
Scartho Road  
Grimsby  
DN33 2BA

**Scunthorpe General Hospital**  
Cliff Gardens  
Scunthorpe  
DN15 7BH

**Goole & District Hospital**  
Woodland Avenue  
Goole  
DN14 6RX

03033 306999

[www.nlg.nhs.uk](http://www.nlg.nhs.uk)

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