

Ultrasound Scan of Your Abdomen and Pelvis



Name:

Who to contact and how:

Notes:

Diana, Princess of Wales
Hospital
Scartho Road
Grimsby
DN33 2BA

03033 306999

www.nlg.nhs.uk

Scunthorpe General
Hospital
Cliff Gardens
Scunthorpe
DN15 7BH

03033 306999

www.nlg.nhs.uk

Goole & District
Hospital
Woodland Avenue
Goole
DN14 6RX

03033 306999

www.nlg.nhs.uk

Information for patients

Introduction

Medical ultrasound imaging uses sound waves which we cannot hear to produce a television image of the structures within the body. In order to obtain these images a thin layer gel is applied to your abdomen. The Ultrasonographer places a probe on your skin over the part of your body to be examined. On completion of the examination the skin is wiped clean.

Please read the following instructions carefully:

- It is very important that you do not eat anything for 6 hours prior to your appointment
- Please drink 2 pints of water at least one hour before your appointment time. It is important that you do not drink fizzy drinks or drinks containing milk
- Please do not empty your bladder until after your examination. This will ensure that the organs can be visualised clearly

Your questions answered:

How long does it take?

Once you are in the room the examination will take 10-15 minutes. On completion you will be able to eat and drink as normal.

What happens if I am on medication?

Please continue to use any medication prescribed for you.

If you are diabetic, please telephone the department and inform the receptionist, so that you can be given an early morning appointment.

Please bring your insulin and some food with you, to be taken as soon as the examination is complete.

When will I get the results?

The results of your ultrasound scan will be sent to the doctor who referred you. If this was your GP it will usually be within a week.

How can you help us?

If you are unable to attend for whatever reason, please inform the department so that your appointment can be offered to another patient.

If you are admitted into hospital please inform the ward staff of this appointment.

Information for patients

Additional Information

If you have any concerns regarding the procedure, or queries regarding appointments, please contact the Ultrasound Department at the relevant hospital:

Scunthorpe: 03033 306591

Grimsby: 03033 306590

Goole: 03033 304045

Any Comments, Compliments, Concerns or Complaints

If you have any other concerns please talk to your nurse, therapist or doctor. Our Patient Advice and Liaison Service (PALS) are available on 03033 306518 (Grimsby, Scunthorpe and Goole). You can also contact nlg-tr.PALS@nhs.net

As a Trust we value equality of access to our information and services, therefore alternative formats available on request at nlg-tr.interpreters@nhs.net

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