

# Information about your Arthrogram

**Radiology Department  
Diagnostics  
Clinical Support Services**

**This leaflet has been designed to give you important information about your procedure, and to answer some common queries that you may have.**



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# Information for patients and visitors

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## Introduction

We have received a request from your referring doctor for you to have an arthrogram.

This leaflet is designed to give you some information about the procedure, to help you prepare for your examination and to give you some idea of what to expect when you attend.

## What is an Arthrogram?

This procedure uses x-ray guidance to inject dye into the joint before you go for your MRI scan.

## What does it involve?

A member of staff will ask you to undress and put on a hospital gown.

You will be asked to lie on the x-ray couch and the area will be cleaned before an injection of local anaesthetic is given.

The radiologist will then inject the dye into the joint and once it is in the right place, using x-rays, the needle will be removed and you will be able to then go for your MRI scan immediately afterwards.

## Women of Childbearing Age

Please inform us before you attend if there is any chance that you could be pregnant, or are breastfeeding.

## Preparation

No special preparation is required before this examination.

If you have allergies, please contact the department before attending.

## Who will do the examination?

A radiologist (x-ray doctor) will perform the injection. The images will be taken by a radiographer.

## How long will it take?

The whole examination should take no longer than 30 minutes, when you are finished you will be able to go for your MRI scan.

## Should I bring somebody with me?

You will not be able to drive following the procedure so it is advised you bring someone with you to transport you home.

**Please note** – we have a limited waiting area, so if you bring more than 1 person, they may not be able to sit with you – they may need to sit in our main waiting room.

## What happens next?

You will be shown to the MRI department for your scan.

## How will I get my results?

A report will be sent to the doctor who requested the procedure within two weeks of the procedure.

## How can you help us?

If you are unable to attend for whatever reason, please inform the department so that your appointment can be offered to another patient.

If you are admitted into hospital please inform the ward staff of this appointment.

Wherever possible we will try to make an appointment at a time that suits you; please note certain procedures can only be done at



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specific times, but we will do our best to accommodate you where possible.

### Benefits and Risks

This type of examination allows the doctors to see inside your body, which will help them diagnose and treat your complaint.

The fluoroscopy equipment uses x-rays to get the pictures. This is a form of radiation similar to what you would have at an airport, or the background radiation you receive from flying. Because it is a higher dose than ordinary x-rays, we try to limit the amount of examinations of this type you will have.

The doctors take this into account when they decide what investigations you need, and you have been sent for this appointment because the doctor feels that it is the best test for you and your condition.

### Contact Details

If you have any queries about the examination please contact the radiology department on:

**Scunthorpe Radiology – 01724 290194**

**Grimsby Radiology – 01472 875324**

### Concerns and Queries

If you have any concerns / queries about any of the services offered by the Trust, in the first instance, please speak to the person providing your care.

### For Diana, Princess of Wales Hospital

Alternatively you can contact the Patient Advice and Liaison Service (PALS) on (01472) 875403 or at the PALS office which is situated near the main entrance.

### For Scunthorpe General Hospital

Alternatively you can contact the Patient Advice and Liaison Service (PALS) on (01724) 290132 or at the PALS office which is situated on C Floor.

Alternatively you can email:  
[nlg-tr.PALS@nhs.net](mailto:nlg-tr.PALS@nhs.net)

### Confidentiality

Information on NHS patients is collected in a variety of ways and for a variety of reasons (e.g. providing care and treatment, managing and planning the NHS, training and educating staff, research etc.).

Everyone working for the NHS has a legal duty to keep information about you confidential. Information will only ever be shared with people who have a genuine need for it (e.g. your GP or other professionals from whom you have been receiving care) or if the law requires it, for example, to notify a birth.

Please be assured however that anyone who receives information from us is also under a legal duty to keep it confidential.

### Zero Tolerance - Violent, Threatening and Abusive Behaviour

The Trust and its staff are committed to providing high quality care to patients within the department. However, we wish to advise all patients / visitors that the following inappropriate behaviour will not be tolerated:

- Swearing
- Threatening / abusive behaviour
- Verbal / physical abuse

The Trust reserves the right to withdraw from treating patients whom are threatening /



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abusive / violent and ensuring the removal of those persons from the premises.

All acts of criminal violence and aggression will be notified to the Police immediately.

## Risk Management Strategy

The Trust welcomes comments and suggestions from patients and visitors that could help to reduce risk.

Perhaps you have experienced something whilst in hospital, whilst attending as an outpatient or as a visitor and you felt at risk.

Please tell a member of staff on the ward or in the department you are attending / visiting.

## Moving & Handling

The Trust operates a Minimal Lifting Policy, which in essence means patients are only ever lifted by nursing staff in an emergency situation.

Patients are always encouraged to help themselves as much as possible when mobilising, and if unable to do so, equipment may be used to assist in their safe transfer.

If you have any questions regarding moving and handling of patients within the Trust, please speak to a member of staff in the ward or department you are visiting.

## Northern Lincolnshire and Goole NHS Foundation Trust

**Diana Princess of Wales Hospital**  
Scartho Road  
Grimsby  
01472 874111

**Scunthorpe General Hospital**  
Cliff Gardens  
Scunthorpe  
01724 282282

**Goole & District Hospital**  
Woodland Avenue  
Goole  
01405 720720  
[www.nlg.nhs.uk](http://www.nlg.nhs.uk)

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