Information for patients and visitors

Information about your Ultrasound Guided Marker Insertion

Breast Care Unit
Clinical Support Services

This leaflet has been designed to give you important information about your procedure, and to answer some common queries that you may have.
Information for patients and visitors

Introduction
This leaflet is designed to give you some information about the ultrasound guided marker insertion, what to expect, aftercare and possible complications.

What is an ultrasound guided marker insertion?
An ultrasound guided marker insertion is a procedure where a tiny (2mm) metal (titanium) marker is placed in the breast cancer.

What does it involve?
The marker is inserted under ultrasound guidance.

After the breast has been scanned the area is cleaned before an injection of local anaesthetic is given to numb the area.

A small nick is made in the skin and a hollow needle is inserted. Ultrasound is used to guide the needle to the exact location. A plunger on the end of the needle pushes the marker into the correct area.

The needle is removed and firm pressure applied to the area to reduce bruising. The wound is covered by a dressing.

A mammogram is then taken to check the position of the marker.

How long will it take?
The ultrasound scan, marker insertion and mammogram should take no longer than 30 minutes.

Aftercare
You will need to avoid any strenuous activity for the next 24 hours such as exercise, hoovering / ironing and lifting heavy objects.

Keep the dressing dry for the next 2 days. You can remove it after 5 days.
Avoid using any perfumed products at the site e.g. soap or deodorant until the wound has healed.

Benefits
The titanium marker allows the area to be located after the neo-adjuvant treatment has shrunk the cancer.
It is a minimally invasive procedure which is generally very safe. The benefits are considered to outweigh the risks.

Risks / Complications
These may include:

• Pain at the site of the incision once the local anaesthetic has worn off. Take your usual pain relief (not aspirin). A comfortable, soft bra may help
• Bruising around the site of the incision
• Bleeding. If the wound starts to bleed, sit down and apply firm pressure with the tips of your fingers for 10 minutes

The mammogram machine uses x-rays to produce the images. Since the breast is a soft tissue structure the amount of radiation used is very small.

Alternatives
There are no alternative methods available.

Contact details
If you have concerns following your biopsy you can contact the breast care team on:
Diana, Princess of Wales Hospital
Mon - Fri 8:30 - 17:00
Breast Care Unit: 03033 30318/ 304357

For more information about our Trust and the services we provide please visit our website: www.nlg.nhs.uk
Information for patients and visitors

Evenings & weekends
Ward B1: 03033 303590
Ward B2: 03033 304391

Scunthorpe General Hospital
Mon - Fri 8:30 - 17:00
Breast Care Nurses: 03033 302215

Evenings & Weekends
Ward 28: 03033 302215

Concerns and Queries
If you have any concerns / queries about any of the services offered by the Trust, in the first instance, please speak to the person providing your care.

For Diana, Princess of Wales Hospital – you can contact the Patient Advice and Liaison Service (PALS) on (01472) 875403 or at the PALS office which is situated near the main entrance.

For Scunthorpe General Hospital – you can contact the Patient Advice and Liaison Service (PALS) on (01724) 290132 or at the PALS office which situated on C Floor.

Alternatively you can email: nlg-tr.PALS@nhs.net

Confidentiality and How We Use Data
Personal information on NHS patients is collected and recorded within paper and electronic formats primarily to support high quality care that is safe and effective. To do this, information is also used to support quality improvement activities, investigate any concerns you may raise as well as to support and understand NHS performance. All NHS staff have a legal duty to keep information about you confidential.

Information will only ever be shared with people who have a genuine need for it. Other circumstances where information may be shared include administrative teams to plan future care needed, commissioners of Trust services, other NHS or social care providers and in some cases voluntary sector providers.

Zero Tolerance - Violent, Threatening and Abusive Behaviour
The Trust and its staff are committed to providing high quality care to patients within the department. However, we wish to advise all patients / visitors that the following inappropriate behaviour will not be tolerated:

- Swearing
- Threatening / abusive behaviour
- Verbal / physical abuse

The Trust reserves the right to withdraw from treating patients whom are threatening / abusive / violent and ensuring the removal of those persons from the premises.

All acts of criminal violence and aggression will be notified to the Police immediately.

Risk Management Strategy
The Trust welcomes comments and suggestions from patients and visitors that could help to reduce risk.

Perhaps you have experienced something whilst in hospital, whilst attending as an outpatient or as a visitor and you felt at risk.

Please tell a member of staff on the ward or in the department you are attending / visiting.

Moving & Handling
The Trust operates a Minimal Lifting Policy, which in essence means patients are only
ever lifted by nursing staff in an emergency situation.

Patients are always encouraged to help themselves as much as possible when mobilising, and if unable to do so, equipment may be used to assist in their safe transfer.

If you have any questions regarding moving and handling of patients within the Trust, please speak to a member of staff in the ward or department you are visiting.

Northern Lincolnshire and Goole NHS Foundation Trust
Diana Princess of Wales Hospital
Scartho Road
Grimsby
DN33 2BA
01472 874111

Scunthorpe General Hospital
Cliff Gardens
Scunthorpe
DN15 7BH
01724 282282

Goole & District Hospital
Woodland Avenue
Goole
DN14 6RX
01405 720720

www.nlgnhs.uk

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