

# Information about Your Ultrasound Guided Fine Needle Aspiration (FNA)

**Ultrasound Department  
Clinical Support Services  
Directorate of Operations**

**This leaflet has been designed to give you important information about your condition / procedure, and to answer some common queries that you may have.**



# Information for patients and visitors

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## Introduction

We have received a request from your referring doctor for you to have an ultrasound guided fine needle aspiration.

This leaflet is designed to give you some information about the procedure, to help you prepare for your examination and to give you some idea of what to expect when you attend.

## What is an Ultrasound Guided Fine Needle Aspiration?

This procedure uses ultrasound guidance to collect a sample of cells / fluid from the area which is under investigation.

## What does the examination involve?

You will be asked to lie on the ultrasound couch and expose the area of interest. Ultrasound gel will be applied to the skin and the ultrasound probe will be used to identify the best route for the aspiration.

The ultrasound gel will then be wiped off the skin.

The area will be cleaned and under Ultrasound control a needle is inserted into the area of interest. You may experience some discomfort. Once the sample is taken the needle will be removed and the area is dressed.

## Your Questions Answered:

### How long does it take?

Once you are in the room the examination will take at least 20-30 minutes, sometimes longer depending on the area to be examined.

## What happens if I am on medication?

Please contact your referring doctor if you are unsure about medication you are taking.

Please let us know if you are on Warfarin.

## Aftercare

The procedure is very safe and the common complication is minor bruising. You will be required to stay within the ultrasound department for 15-20 minutes after the procedure to ensure that no reaction or bleeding has occurred.

You will need to avoid any strenuous activity for the next 24 hours such as exercise, ironing / hovering and lifting heavy objects.

## When do I get the results?

The results will be available from the referring doctor within 2 weeks.

## How can you help us?

If you are unable to attend for whatever reason, please inform the department so that your appointment can be offered to another patient.

If you are admitted into hospital, please inform the ward staff of this appointment.

## Additional Information:

If you have any concerns regarding the procedure, or queries regarding appointments, please contact the Ultrasound Department at the relevant hospital:

Scunthorpe: 01724 290194 (Option 2)

Grimsby: 01472 875495

Goole: 01724 290018



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## Concerns and Queries

If you have any concerns / queries about any of the services offered by the Trust, in the first instance, please speak to the person providing your care.

### For Diana, Princess of Wales Hospital

Alternatively you can contact the Patient Advice and Liaison Service (PALS) on (01472) 875403 or at the PALS office which is situated near the main entrance.

### For Scunthorpe General Hospital

Alternatively you can contact the Patient Advice and Liaison Service (PALS) on (01724) 290132 or at the PALS office which is situated on C Floor.

Alternatively you can email:  
[nlg-tr.PALS@nhs.net](mailto:nlg-tr.PALS@nhs.net)

## Confidentiality

Information on NHS patients is collected in a variety of ways and for a variety of reasons (e.g. providing care and treatment, managing and planning the NHS, training and educating staff, research etc.).

Everyone working for the NHS has a legal duty to keep information about you confidential. Information will only ever be shared with people who have a genuine need for it (e.g. your GP or other professionals from whom you have been receiving care) or if the law requires it, for example, to notify a birth.

Please be assured however that anyone who receives information from us is also under a legal duty to keep it confidential.

## Zero Tolerance - Violent, Threatening and Abusive Behaviour

The Trust and its staff are committed to providing high quality care to patients within the department. However, we wish to advise all patients / visitors that the following inappropriate behaviour will not be tolerated:

- Swearing
- Threatening / abusive behaviour
- Verbal / physical abuse

The Trust reserves the right to withdraw from treating patients whom are threatening / abusive / violent and ensuring the removal of those persons from the premises.

All acts of criminal violence and aggression will be notified to the Police immediately.

## Risk Management Strategy

The Trust welcomes comments and suggestions from patients and visitors that could help to reduce risk.

Perhaps you have experienced something whilst in hospital, whilst attending as an outpatient or as a visitor and you felt at risk.

Please tell a member of staff on the ward or in the department you are attending / visiting.

## Moving & Handling

The Trust operates a Minimal Lifting Policy, which in essence means patients are only ever lifted by staff in an emergency situation.

Patients are always encouraged to help themselves as much as possible when mobilising, and if unable to do so, equipment may be used to assist in their safe transfer.

If you have any questions regarding moving and handling of patients within the Trust,



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please speak to a member of staff in the ward or department you are visiting.

**Northern Lincolnshire and Goole NHS  
Foundation Trust**

**Diana Princess of Wales Hospital  
Scartho Road  
Grimsby  
01472 874111**

**Scunthorpe General Hospital  
Cliff Gardens  
Scunthorpe  
01724 282282**

**Goole & District Hospital  
Woodland Avenue  
Goole  
01405 720720**

[www.nlg.nhs.uk](http://www.nlg.nhs.uk)

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