

Information for Patients after their CT Colonography

CT Department
Diagnostics & Therapeutics

This leaflet has been designed to give you important advice to follow after having your CT Colonography.



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Information for patients and visitors

What to expect after your CT Colonography examination

You will be directed to a toilet adjacent to the room where you can pass some of the air from your bowel, and then you will be able to change back into your own clothes.

You will need to wait in the department for approximately 10 minutes after your scan, and you will be offered a drink and a biscuit while you wait.

The radiographer will remove the cannula from your arm and then you will be able to leave the department.

You can resume your normal diet. Please ensure that you drink plenty of fluids for the next 2-3 days to prevent dehydration.

The carbon dioxide used to inflate your bowel will be absorbed quite quickly following the procedure; however some minor abdominal discomfort may remain for 1-2 hours.

Returning to your normal diet and moving around will help to ease any remaining discomfort.

Pain killers may be taken, if required.

Please seek urgent medical advice from your GP or the Emergency Department if you experience any of the following symptoms over the next 4 days:

- **Severe abdominal pain.**
- **Increasingly painful abdominal discomfort.**
- **Sweating and nausea**
- **Feeling generally unwell**

You may have been given an injection (Buscopan), used to relax the muscles in the bowel wall, during your examination.

Blurring of the vision and/or a dry mouth can be a side effect of this injection, although this is usually short lived, about 30 minutes.

If you do experience this please make sure your vision has returned to normal before driving.

In very rare cases this injection can cause an underlying condition called Glaucoma.

Please seek medical advice if you develop painful blurred vision within 48 hours of this test.

Getting your results

Your scan will be reported by a Radiologist and a written report will be sent to the doctor that referred you for your scan.

Concerns and Queries

If you have any concerns / queries about any of the services offered by the Trust, in the first instance, please speak to the person providing your care.

For Diana, Princess of Wales Hospital

Alternatively you can contact the Patient Advice and Liaison Service (PALS) on (01472) 875403 or at the PALS office which is situated near the main entrance.

For Scunthorpe General Hospital

Alternatively you can contact the Patient Advice and Liaison Service (PALS) on (01724) 290132 or at the PALS office which is situated on C Floor.

Alternatively you can email: nlg-tr.PALS@nhs.net



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**Northern Lincolnshire and Goole NHS
Foundation Trust**

**Diana Princess of Wales Hospital
Scarho Road
Grimsby
01472 874111**

**Scunthorpe General Hospital
Cliff Gardens
Scunthorpe
01724 282282**

**Goole & District Hospital
Woodland Avenue
Goole
01405 720720**

www.nlg.nhs.uk

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