

Information for parents and carers

Fasting Instructions for Parents and Carers of Children having MRI Scan under Sedation and or General Anaesthetic

Children's Services

Women & Children's Services

This leaflet has been designed to give you important information and to answer some common queries you may have.



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Fasting Instructions for Parents and Carers of Children having MRI Scan under Sedation and or General Anaesthetic

Fasting depends on the time of your unique appointment.

1. Your child can eat a light non fatty diet up to 6 hours before the appointment time of the MRI scan; they must eat nothing else after this. This includes formula milk, cow's milk and fruit juice. Older children and infants who are not breastfed should have only water/dilute squash after this time
2. Breastfed infants can have breast milk up to 4 hours before the appointment time, after this time your child can only have water
3. It is recommended that your child continues to drink water/dilute squash up to 2 hours before their appointment time. You should offer your child a small cup of water/dilute squash just before the 2 hour point and encourage them to drink it

Your child should have nothing to eat / drink after these times.

For instance if your child's appointment is at 0900hrs, they can eat up to 0300 hours, have breast milk up to 0500 hours and should have a drink of water / dilute squash by 0700 hours.

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