

Information for parents and carers

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# Speech and Language Therapy Groups in North East Lincolnshire

**Sound Awareness Group**

**Language Group**

**Paediatric Speech and Language Therapy**

**Community and Therapy Services**

**This leaflet has been designed to  
give you important information  
and to answer some common  
queries you may have.**



# Information for parents and carers

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## Introduction

This leaflet aims to give parents / carers information about what to expect when your child has been offered a sound awareness or language group.

## Sound Awareness

### Purpose of the Group – Sound

To demonstrate strategies and activities for you to carry out at home with your child to develop their speech sound skills.

### Who is it for?

The sound awareness group is for parents / carers and children aged 4-6 years with speech sound difficulties.

This may include:

- Children who are difficult to understand
- Children who have difficulty saying some sounds

### What happens in the group?

Week 1 is for parents only (only one parent / carer need attend) – you **must** be able to attend this session. The parent session will give you key information about:

- why the activities will help your child
- how to carry them out at home

The sound awareness group will then have 4 follow up sessions with a small group of children and parents lasting up to 1 hour.

All homework and resources required for the group will be provided free of charge.

## Language Group

### Purpose of the Group – Language

To demonstrate strategies and activities for you to carry out at home with your child to develop their language skills.



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## Who is it for?

The language group is for parents / carers and children aged 3-5 years with language difficulties.

For example:

- Limited vocabulary
- Difficulty putting words together
- Difficulty following instructions

## What happens in the group?

Week 1 is for parents only - you **must** be able to attend this session. The parent session will give you key information about:

- why the activities will help your child
- how to carry them out at home

The language group will then have 3 follow up sessions with a small group of children and parents lasting up to 1 hour.

All homework and resources required for the group will be provided free of charge.

## Please Note it is Important that:

- You attend on time
- Turn off your mobile phone
- You attend all appointments
- You carry out homework activities as demonstrated and practiced in the group

## Behaviour

If your child finds it difficult to concentrate or behave appropriately during the group, don't worry, the group leader will discuss this with you.

The group leader will offer support and the opportunity for your child to have a short break from the group.

## Where to Come

The group runs in the Fox room (group room) within the speech and language department in the hospital.

## What will happen after the group?

Details to be completed by Therapist:



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### Contact Details for Further Information

If you require further information, please contact the Children's Therapy department on 03033 303758.

### Patient Advice and Liaison Service (PALS)

The Patient Advice and Liaison Service offers confidential advice, support and information on any health related matters.

If you have a comment, concern, complaint or compliment about the care or service you have received from the Trust you can contact the PALS team as follows:

Telephone: 03033 306518

Email: [nlg-tr.PALS@nhs.net](mailto:nlg-tr.PALS@nhs.net)

There are also offices at both the Diana Princess of Wales Hospital (near the main entrance) and Scunthorpe General Hospital (on the C Floor, near the outpatient department), should you wish to visit.

**Please note: PALS should not be contacted for clinical advice relating to the content of this leaflet. The service should be contacted directly in the first instance.**

### Northern Lincolnshire and Goole NHS Foundation Trust

Diana Princess of Wales Hospital  
Scartho Road  
Grimsby  
DN33 2BA

Scunthorpe General Hospital  
Cliff Gardens  
Scunthorpe  
DN15 7BH

Goole & District Hospital  
Woodland Avenue  
Goole  
DN14 6RX

03033 306999

[www.nlg.nhs.uk](http://www.nlg.nhs.uk)

Date of issue: November, 2017

Review Period: November, 2020

Author: Children and Young People's Team  
IFP-991

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