

# Diarrhoea & Vomiting Information for Children



Name:

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Who to contact and how:

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Notes:

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# Information for patients

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## Why am I poorly?

You have come to the hospital because are being sick and going to the toilet for lots of poos!  
Your tummy may hurt too.

This is because you have a nasty bug. You may have got it from the air or from touching people, like your friends or your family, who are already poorly.

## What will happen when I am at hospital?

- The doctors and nurses will look after you
- You will stay in a room where there is a bed for you and another bed for mummy or daddy. You get your own room so you don't give the nasty bug to other children
- Another way to stop the bug is to remember to wash your hands after you go to the toilet and before you have something to eat. People coming to see you must also wash their hands
- If you are not drinking enough you may have to have a 'drip' which gives your body a drink through a little tube in your arm
- Once you are feeling a little better you may be able to drink small amounts from a cup and perhaps eat some toast, cereal or biscuits if you are hungry

## How long will I have to stay in hospital?

You may have to stay in hospital for a few days but don't worry there is a TV for everybody. There are also play staff. These are people who will find you fun things to do, like painting, sticking, colouring, board games and puzzles.

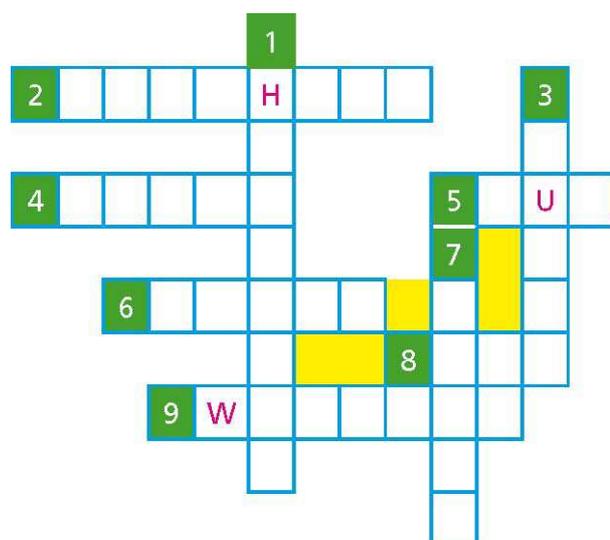
## What happens when I go home?

When you are better, the doctor will let you go home. A nurse may come and see you at home to make sure you are better.

Just for some fun, see if you can find the words in our little crossword.

All the words are in this leaflet so read it carefully...we have a clue for each word.

# Information for patients



1. What do you call the place where people come to get better?
2. How can you catch the bug that makes you poorly?
3. Who can stay with you?
4. What fun things can you do while you are in hospital?
5. What is making you poorly?
6. If your body is thirsty the doctors may use a tube to give your body a what?
7. What part of the body does everyone need to keep clean?
8. What questions can you ask?
9. This is always very important to do after you go to the toilet?

## Any Comments, Compliments, Concerns or Complaints

If you have any other concerns please talk to your nurse, therapist or doctor. Our Patient Advice and Liaison Service (PALS) are available on 03033 306518 (Grimsby, Scunthorpe and Goole). You can also contact [nlg-tr.PALS@nhs.net](mailto:nlg-tr.PALS@nhs.net)

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