

What is a Hospital Play Specialist?



Name: _____

Who to contact and how: _____

Notes: _____

Diana, Princess of Wales
Scarcho Road
Grimsby
DN33 2BA
03033 306999
www.nlg.nhs.uk

Scunthorpe General Hospital
Cliff Gardens
Scunthorpe
DN15 7BH
03033 306999
www.nlg.nhs.uk

Goole & District Hospital
Woodland Avenue
Goole
DN14 6RX
03033 306999
www.nlg.nhs.uk



Information for patients

Introduction

The aim of this leaflet is to provide families and carers with information regarding the role of the Hospital Play Specialist.

What is a Hospital Play Specialist?

A Hospital Play Specialist (HPS) is someone who has qualified as a nursery nurse and has then completed a specialized qualification to become a HPS.

A HPS can be of benefit to any department within a hospital that deals with children and young people, these may include:

- Children's Ward (0-16 years)
- Outpatients Department
- Emergency Care Centre (ECC), DPoW or Emergency Centre, SGH
- Radiography Department (X-ray, ultrasound, C.T, M.R.I.)
- Child Development Centre (CDC)
- Paediatric Assessment and Observation Unit
- Caring for sick children and young people in the community

What is the Role of the Hospital Play Specialist?

A HPS has many roles these can include:

- Organising daily play and activities both in the playroom and at the bedside
- Providing play to achieve developmental goals
- Helping children master and cope with their anxieties and feelings
- Using play to prepare children for hospital procedures
- Supporting families and siblings
- Contributing to clinical judgements through play based observations
- Teaching the value of play for sick children and young people
- Encouraging peer group friendships to develop
- Organising parties and special events

Information for patients

Benefits

- Play is an important part of any child's development
- Play in hospital provides children with fun, speeds up recovery, gives support and distraction from procedures and the hospital environment
- Play can be a good way to help children and young people understand their illness and treatments
- Play helps to create an environment where stress and anxiety are reduced
- Play helps a child or young person regain their confidence and self-esteem
- Play provides an outlet for feelings and emotions
- Play can aid assessment and diagnosis of a child or young person

Contact Details for Further Information

Scunthorpe General Hospital, Scunthorpe

Disney Ward

03033 302553

Diana Princess of Wales Hospital, Grimsby

Rainforest Ward

03033 304477

Any Comments, Compliments, Concerns or Complaints

If you have any other concerns please talk to your nurse, therapist or doctor. Our Patient Advice and Liaison Service (PALS) are available on 03033 306518 (Grimsby, Scunthorpe and Goole). You can also contact nlg-tr.PALS@nhs.net

As a Trust we value equality of access to our information and services, therefore alternative formats available on request at nlg-tr.interpreters@nhs.net

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