

Orthotics Department Information Leaflet



Name:

Who to contact and how:

Notes:

**Diana, Princess of Wales
Hospital
Scartho Road
Grimsby
DN33 2BA**

03033 306999

www.nlg.nhs.uk

**Scunthorpe General
Hospital
Cliff Gardens
Scunthorpe
DN15 7BH**

03033 306999

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**Goole & District
Hospital
Woodland Avenue
Goole
DN14 6RX**

03033 306999

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Information for patients

Introduction

The Orthotics Department is an outpatient clinic where patients are assessed by specialist staff for the provision of orthoses (appliances) which fit onto the body to help problems caused by disability, illness or deteriorating conditions. Examples of these items are calipers, splints, insoles to fit inside shoes, specialist footwear and supportive corsets.

What is an Orthotist?

An Orthotist is a professionally qualified person able to fit a variety of orthoses such as surgical footwear or fabric supports.

When you see the Orthotist, they will ask you questions and take measurements or casts if necessary. You may receive your orthosis at your first appointment but more often it will be specially made or ordered for you and you will need a second appointment.

If you drive, it is recommended that you contact your insurers when issued with an orthosis to check that you are still covered whilst driving.

What is a Limited Orthotic Practitioner?

A Limited Orthotic Practitioner is a member of staff who has gained specific training in competency to assess for and fit a limited number of orthoses under the supervision of a registered orthotist.

Orthotic Provision

Footwear: Adults will initially be supplied with up to two pairs of shoes, replaced when one pair is condemned. This will not exceed one pair per year. Footwear must be repaired as necessary until a replacement pair is required. Children will be supplied with one pair of shoes as necessary.

Shoe Adaptions: Adults may have no more than three pairs of shoes adapted within the first year and no more than one per year thereafter. When one pair is condemned another pair may be adapted. Children can have one pair adapted as necessary.

Insoles: Adults may have one pair to be used in all shoes, until condemned, not exceeding two per year. Children will have one pair. The most appropriate footwear for these insoles are trainers or flat lace-up shoes.

Lower Limb Orthoses: One initially, plus one emergency spare in some instances, not exceeding two items at any particular time.

Upper Limb Orthoses: One per patient.

Fabric Supports: One fabric support will be supplied initially with a second if required. They will be replaced appropriately but this will not exceed two per year. Supports must be brought in for repair when necessary. Prescription charge applies.

Soft Collars: One per patient, to be replaced when condemned.

Information for patients

Hosiery: One pair will be supplied initially with a second pair if required and these should last for one year. Prescription charge applies.

Contact Details within the Trust for patients to obtain additional information

If you have any concerns, queries or any questions about your appointment, please do not hesitate to contact us on:

Orthotics Department Scunthorpe & Goole:
03033 302224

Orthotics Department Grimsby:
03033 304587

Any Comments, Compliments, Concerns or Complaints

If you have any other concerns please talk to your nurse, therapist or doctor. Our Patient Advice and Liaison Service (PALS) are available on 03033 306518 (Grimsby, Scunthorpe and Goole). You can also contact nlg-tr.PALS@nhs.net

As a Trust we value equality of access to our information and services, therefore alternative formats available on request at nlg-tr.interpreters@nhs.net

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