

Surgical Ambulatory Care at Grimsby Hospital



Information for Patients Surgery & Critical Care



About the Surgical Ambulatory Care Unit at Grimsby

The surgical ambulatory care unit (SACU) is located on the first floor of the main hospital building, within Ward B2.

The SACU is open 7 days a week, from 8:30am – 8.00pm; our last patients are accepted up until 6pm to ensure all your assessments are carried out prior to the unit closing.

To contact the unit between the hours of 8am – 8pm please call us on **03033 302246**.

Or if you have a concern out of these hours please contact us on **03033 304425**.

If your contact details have changed, please ensure you provide the team with an up to date telephone number in case the team need to contact you between your appointments.

What happens if things change?

Sometimes things can change before your scheduled appointment, if you feel your symptoms are worsening, please contact the team, or dial 999 in case of an emergency.

Why have I received this information?

You may have been referred to the surgical ambulatory care unit (SACU) by your General Practitioner, The Emergency Care Centre or by your Surgical Team (if you were admitted prior to this).

The surgical ambulatory care unit is a same day emergency assessment and follow-up area. Our aim is to provide a rapid assessment, diagnosis and treatment without admission into a hospital bed.

What can I expect?

- As the SACU is a very busy area, please bring only one family member, carer or friend to wait with you
- On arrival please report to the SACU reception desk, on the B floor at the entrance to ward B2. It is important that you bring any paperwork given with you and your medications
- You will be seen by one of our Clinical Sisters where you will have an initial assessment to discuss your referral. You will then have your observations recorded and diagnostic tests if appropriate

- You will then be assessed by a doctor covering SACU, who may arrange further investigations for you as part of your assessment. These may be CT, MRI, X-ray or an ultrasound scan and you may be given prior instructions in order to obtain the best images
- Please do not have anything to eat or drink once you arrive until you are seen by our team
- It may be necessary for you to wait for your results of your investigations, we aim to complete this process as quickly as possible, however this can take some time. Please expect to spend a minimum of three hours with us but this may be longer; we will keep you informed of any delays. Please understand we are doing our very best for our patients and ask for your patience

Will I be admitted to hospital?

For most of the patients referred to this clinic we aim to see, diagnose and treat without you being admitted to hospital. However, should your clinical condition mean that a hospital admission is required this will be discussed with you.

If You Need to Return for a Clinic Appointment

You may be asked to attend a further clinic appointment where you will be reviewed with the results of your investigations. If you require a procedure, this may be carried out on the same day or you may be asked to return on a later date.

Please call us to arrange a date and time slot for your review appointment. You can contact the unit on **03033 302246** between the hours of 8.00am – 8.00pm.

Appointment Details:

Date: _____

Time: _____

You may be required to stop eating and drinking for certain investigations such as a scan or a procedure.

Do not eat from: _____ Water only from: _____

Any Comments, Compliments, Concerns or Complaints

If you have any other concerns please talk to your nurse, therapist or doctor. Our Patient Advice and Liaison Service (PALS) are available on 03033 306518 (Grimsby, Scunthorpe and Goole). You can also contact nlg-tr.PALS@nhs.net

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