

Your Paediatric Speech and Language Therapy Appointments



Name:

Who to contact and how:

Notes:

Diana, Princess of Wales
Hospital
Scartho Road
Grimsby
DN33 2BA

03033 306999

www.nlg.nhs.uk

Scunthorpe General
Hospital
Cliff Gardens
Scunthorpe
DN15 7BH

03033 306999

www.nlg.nhs.uk

Goole & District
Hospital
Woodland Avenue
Goole
DN14 6RX

03033 306999

www.nlg.nhs.uk

Information for patients

Your First Appointment

We know that parents often wonder what will happen during their visit. This information booklet is designed to help understand the process.

The Department provides a specialist service for children with communication problems.

Clinics are held at Immingham Children's Centre, Child Development Centre and the Speech & Language Department both located at Diana Princess of Wales Hospital.

On arrival, please go to the appropriate reception where the receptionist will inform the Speech and Language Therapist that you have arrived for your appointment.

Your appointment will last approximately 45 minutes.

During your session:

- You will be given the chance to discuss your child's problem with the Speech and Language Therapist
- Your child's speech and language will be assessed through play activities or by more formal test materials. However, the tasks given are always enjoyable
- The therapist may suggest a referral to another department (for example, a hearing test), if this is necessary

Remember that:

- We want you to tell us how you feel about your child's problem
- We listen to you and can help you to help your child
- We rely on you to follow the advice which you are given
- We encourage you to ask questions if things are not clear

If regular visits to the clinic are necessary, you, your child and the Speech and Language Therapist will work as a team.

We make your visits as enjoyable as possible and we hope that you will find the sessions informative and helpful.

Assessment

Your child will be assessed by a State Registered Speech and Language Therapist within 4 weeks of your child being referred to our service.

We will:

- Assess your child's attention / Listening skills
- Assess your child's level of understanding language

Information for patients

- Assess your child's level of expressive language (sentences)
- Assess your child's speech sounds
- We will provide general advice
- Assess your child's Stammer (where appropriate)

What Next?

You and your child may attend for:

- One to one therapy
- Sound skills groups/ Language Groups
- Further assessment or monitoring of your child's speech and language skills

These may be with a Speech and Language Therapist or an Assistant Speech and Language Therapist and will involve:

- Demonstration of therapy techniques by the Therapist / Assistant to you in the clinic which you will then practice at home

Outcomes

Before therapy starts you and your therapist will look together at:

- 1) Severity of your child's speech and language skills
- 2) How this affects their participation with others
- 3) How confident you feel to support them
- 4) How you rate your child's non-verbal skills e.g. listening / turn taking
- 5) How involved you feel in your child's speech and language therapy

From this we will jointly identify priority areas to work on together and set a plan for the next few months. This plan will be monitored together to check that progress is being made.

What do I have to do?

- You must attend all sessions; if you do not attend your child may be discharged in line Patient Access Policy
- You must notify us on receipt of your appointment if you are unable to attend any of the sessions. If you are unable to attend 3 or more of the appointments then further therapy will be deferred or you may be discharged
- You will be asked to complete a short 10-20 minute daily home practice activity and keep a diary of how you get on. If you do not complete the practice, this may result in your therapy being discontinued

Information for patients

- Each session will last 30-40 minutes and the therapist will show you 1 or 2 techniques to use with your child while you play or practice at home

Community Clinics

Immingham Children's Centre, Eastfield School, Margaret Street, Immingham.

Clinics are also held at the Diana Princess of Wales Hospital in the Speech and Language Therapy Department and the Child Development Centre.

If you would like further information please contact the Speech and Language Therapy Department on Telephone: 03033 303758

Any Comments, Compliments, Concerns or Complaints

If you have any other concerns please talk to your nurse, therapist or doctor. Our Patient Advice and Liaison Service (PALS) is available on 03033 306518 (Grimsby, Scunthorpe and Goole). You can also contact nlg-tr.PALS@nhs.net

As a Trust we value equality of access to our information and services, therefore alternative formats are available on request at nlg-tr.interpreters@nhs.net

Alternative Languages

All of our leaflets are available to view in different languages via Browsealoud on our website at www.nlg.nhs.uk/patients/patient-leaflets/

Toate pliantele noastre sunt disponibile pentru a fi vizualizate în diferite limbi prin intermediul Browaloud pe site-ul nostru, la www.nlg.nhs.uk/patients/patient-leaflets/

Wszystkie nasze ulotki są dostępne do przeglądania w różnych językach za pośrednictwem Browsealoud na naszej stronie internetowej www.nlg.nhs.uk/patients/patient-leaflets/

Visus mūsu lankstinukus galite peržiūrėti įvairiomis kalbomis, naudodamiesi „Browsealoud“ mūsų svetainėje, adresu www.nlg.nhs.uk/patients/patient-leaflets/

Vse naše zloženke so na voljo za ogled v različnih jezikih prek Browaloud na našem spletnem mestu www.nlg.nhs.uk/patients/patient-leaflets/

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