Information for patients

What happens at the Cardio-thoracic Clinic?

Name: _________________________________

Who to contact and how: _________________________________

Notes:

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Diana, Princess of Wales Hospital
Scartho Road
Grimsby
DN33 2BA
03033 306999
www.nlg.nhs.uk

Scunthorpe General Hospital
Cliff Gardens
Scunthorpe
DN15 7BH
03033 306999
www.nlg.nhs.uk

Goole & District Hospital
Woodland Avenue
Goole
DN14 6RX
03033 306999
www.nlg.nhs.uk

For more information about our Trust and the services we provide please visit our website: www.nlg.nhs.uk
Information for patients

Introduction
Cardio-thoracic is the field of medicine involved in surgical treatment of diseases affecting the heart. The Consultant with whom you have an appointment is a specialist in this area of medicine.

What do I need to bring with me to the clinic?
You need to bring the following:
- Appointment letter
- A list of current medications
- Your diary or a list of dates when you will not be available so that suitable times can be booked for tests, treatment or follow up clinic appointments. If travelling by car please be advised that you need to allow approximately 20 minutes for parking as spaces are limited

Where do I report to on arrival?
On arrival please report to the reception indicated on your appointment letter. The receptionist will check that all your details held on computer, including your name, address and contact numbers are up to date and correct. You may also be asked for additional information which we are obliged to collect and will help us provide a better service. You will then be directed to the appropriate waiting area.

What will happen when I arrive in clinic?
You will be greeted by a member of nursing staff who will measure your weight and record your blood pressure. You will then be asked to sit in the waiting area until the Doctor is ready to see you.

How long will I have to wait?
We endeavor to see all patients within 30 minutes of their appointment time. If you are waiting longer than this please inform the nurse in clinic who will explain the reason for the delay.

If there is a delay on the clinic bleepers are available. This enables you to leave the clinic area; the nursing team will then contact you when the Dr. is available to see you. Please ask a member of the nursing team if you require a bleeper.

All patients are seen in strict order of appointment, but if you have any doubts or worries please ask the nursing staff.

The reason for any delays and the length of time patients can expect to wait will be displayed in the waiting area.
Information for patients

Which doctor will I see?
As a new patient, you will be seen by the Consultant and the Clinical Nurse Specialist.

Will there be anyone else present?
There will be a clinic nurse present who will provide any help or support you might need. There may also be medical or nursing students present in the clinic.
This is a valuable part of their training. If you would prefer them to leave during your consultation please inform the clinic nurse.

Can I bring a friend or relative with me?
Yes, a friend or relative is welcome. They can stay with you for the duration of your visit in most cases. However, to respect your privacy they may be asked to wait outside if you are being examined or whilst tests are being carried out.

What will happen during my consultation?
The Doctor will ask you questions about your general health and symptoms you are having. He / she will want to know about any medication you are currently taking so please bring them or a list with you. He / she will make a full assessment of your condition and explain appropriate treatment options.

Will I be examined?
To aid diagnosis and help the doctor to make a decision about appropriate treatment an examination may be necessary.

Will I need to undress?
You will be asked to remove or loosen relevant articles of clothing. Your privacy and dignity will be respected at all times.

Will I require any further investigations?
Common investigations include:
- Blood tests which are usually carried out at the Pathology Department. You will be given instructions about the most appropriate time to attend
- X-rays or scans which will be carried out in the Radiology Department
- Echocardiogram (ECG) which will be carried out in the Cardiology Department. If additional tests and examinations are required, where possible, they will be arranged and confirmed with you before you leave the clinic

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Will I require treatment?

Any suggested treatment and options will be explained fully during your consultation in order for you to make an informed decision.

If you require medication you will be given a letter to take to your GP who will prescribe the appropriate medication. If your Consultant wants you to start the medication immediately you will be given a prescription to take to the hospital pharmacy who will dispense it before you leave.

If your Consultant suggests surgery as an option this will be discussed with you in depth in order for you to make a decision. Surgery, if agreed, would be carried out at Hull and you would be contacted to arrange a date.

How do I make my next appointment?

The Doctor may require you to return to the hospital for monitoring or for the results of tests. At the end of your consultation you will be given a form to take back to the receptionist.

If a follow up appointment is required within the next 4 weeks the receptionist will agree a suitable appointment with you.

If the appointment is required after 4 weeks we may contact you closer to the time to arrange.

To whom do I direct any enquiries?

For queries about your appointment, to cancel or change your appointment please ring the Contact Centre (refer to your appointment letter for telephone number). The Consultant, Specialist Nurse or clinic nursing staff will be pleased to answer any queries you have about your condition or care at the time of your appointment.

If you need to discuss your referral or have queries about your condition which arise before or between appointments your GP should be able to help. He will receive a letter informing him of the outcome of your consultation. If you would like a copy of any correspondence please inform us on the day of your appointment.

Any Comments, Compliments, Concerns or Complaints

If you have any other concerns please talk to your nurse, therapist or doctor. Our Patient Advice and Liaison Service (PALS) is available on 03033 306518 (Grimsby, Scunthorpe and Goole). You can also contact nlg-tr.PALS@nhs.net

As a Trust we value equality of access to our information and services, therefore alternative formats are available on request at nlg-tr.interpreters@nhs.net
Alternative Languages

All of our leaflets are available to view in different languages via Browsealoud on our website at www.nlg.nhs.uk/patients/patient-leaflets/

Toate pliantele noastre sunt disponibile pentru a fi vizualizate în diferite limbi prin intermediul Browaloud pe site-ul nostru, la www.nlg.nhs.uk/patients/patient-leaflets/

Wszystkie nasze ulotki są dostępne do przeglądania w różnych językach za pośrednictwem Browsealoud na naszej stronie internetowej www.nlg.nhs.uk/patients/patient-leaflets/

Visus mūsų lankstinukus galite peržiūrėti įvairiomis kalbomis, naudodamiesi „Browsealoud“ mūsų svetainėje, adresu www.nlg.nhs.uk/patients/patient-leaflets/

Vse naše zloženke so na voljo za ogled v različnih jezikih prek Browaloud na našem spletnem mestu www.nlg.nhs.uk/patients/patient-leaflets/

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